



London Diocesan Council
Of
The Catholic Women's League of Canada

One Heart, One Voice, One Mission

To: All Parish Presidents, Christian Family Life Chairpersons
CC: London Diocesan Council
From: Elisabeth Duggan, London Diocesan Chairperson, Christian Family Life
Date: March 12, 2016
Directive # 9

I pray all are experiencing a blessed Lent. It is a time for reflecting on Pope Francis's Year of Mercy. Family is the heart of the church. Pope Francis stated in an address. "This Year of Mercy is a good occasion to meet up again, to embrace each other and forgive each other, to leave bad things behind, let the Year of Mercy be the time to end all family feuds, to forgive each other and let bygones be bygones"
Our children need to see and experience this love.

Ministry to Seniors

Our seniors deserve love and respect. They are our gifts from God. We have to thank them for taking care of us as we grew in love and prayer, and keeping us safe. We need to explore the various programmes that are available helping seniors' remain at home and keeping them safe. "A Guide to Programs and Services for Seniors in Ontario is your resource for information about programs and services available to Ontario's seniors. It is produced by the Ontario Seniors' Secretariat and distributed by Service Ontario Publications."

Ontario Electricity Support Program (OESP)

Beginning **January 2016**, the OESP is offering a reduction to household electricity bills for those who qualify. You may fit the bill so ensure that you look this up!

Ministry to Youth

Our youth need to be congratulated on their successes. Encourage them to volunteer at parish events and children's liturgies. If there is no children's liturgy, possibly look into the possibility of starting one and assist and encourage them with the organization of this.
Our youth have so much to give and all that is needed is encouragement. Celebrate their achievements by publishing this in your parish bulletin.

I want to share a prayer received from our Ontario Provincial Christian Family Life Chair, Rosanne Sogan.

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“A Teenagers Prayer by J. Morse that I invite you to share with your teenagers at home and in schools. It truly is enlightening for our young people to ponder over.

Each day brings new beginnings
Decisions I must make
I am the only one to choose
The road that I will take.

I can choose to take the road of life
That leads to great success
Or travel down the darkened road
That leads to great distress.

Please open up my eyes, dear Lord
That I might clearly see
Help me stand for what is right
Bring out the best in me.

Help, Lord, to just say no
When temptation comes my way
That I might keep my body clean
And fit for life each day.

When my teenage years are over
I know that I will see
That life is lived its very best
With You walking next to me.

May Our Lady of Good Counsel Guide you and bless you

Elisabeth Duggan

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